

Backpack Trip to Snowy Range, Wyoming
August 23-25, 2024

Get ready for a fun outdoor adventure! This year we will be backpacking a scenic loop in the Snowy Range in Southern Wyoming, concluding with an optional hike up Medicine Bow peak. We will hike a total of 12 miles from Friday to Sunday, or 16 miles with the optional summit.

Cost: Dorm students: \$35 Village Students: \$50 (to include the weekend meals - or \$35 if providing your own meals)

Please pay the business office by August 16. Cash or checks preferred.

Sponsors:

Jill Harlow: 909-747-5379

Matt Harlow: 909-747-5380

Steve Eickmann: 970-443-1548

Schedule:

Friday (B-day): (2.5 hour drive to Lewis Lake/Sugarloaf Campground, WY)

11:30 a.m.- 12:40 p.m. - Gear check - Load Shuttle/Vans with backpacks

2:00 p.m. - Leave Campion

3:30 p.m. - Arrive at trailhead

Hike from Lewis Lake trailhead 3 miles to camp at Glacier Lakes.

6:00 p.m. - Dinner at campsite

8:00 p.m. - Worship & hot coco

9:30 p.m. - Bedtime

Sabbath:

7:30 a.m. - Breakfast

8:00 a.m. - Worship

8:30 a.m. - Hike 5.3 miles to camp at Cutthroat Lake (lunch on the trail)

Dinner at Shelf Lakes campsite

8:00 p.m. - Worship and hot coco

9:30 p.m. - Bedtime

Sunday:

7:30 a.m. - Optional hike - early leave time or Breakfast

8:00 a.m. - Worship

9:00 a.m. - Hike 3.4 miles to Lewis Lake parking area - optional hike - leave bags in van and hike 2.2 round trip to Medicine Bow Peak

12:00 p.m. (approx) - Drive back to Campion (fast food/taco bell drive-thru on the way— \$10 for dorm students, Village - bring personal money, otherwise, snacks provided)

3:00 p.m. - Arrive back to Campion

Policies for Backpacking:

Safety in the outdoors:

- Stay with a buddy while hiking at all times.
- Stay on the trail (no short-cuts)
- Never go ahead of the lead sponsor's group. Wait at trail junctions for a sponsor if unsure of directions.
- Do not drink unfiltered water from streams or lakes. But-- stayed hydrated with plenty of filtered water!
- Wear a hat, sunglasses, and sunscreen - the sun is intense at that altitude!

Guidelines for girls/guys:

- Couples (1 boy/1 girl) can't hike alone together
- Students must stay in tents in separate girls and boys areas after bedtime

Respecting God's Nature

- Leave no trace! -- ALL trash (including toilet paper) must be packed out!
- Dig 6-inch deep holes to bury excrement
- Fires - will be determined by possible fire-bans in the area
- Protect animals by NOT feeding them. All food must fit in your shared bear canister.
- Take only photos, leave only footprints

Packing:

Be prepared for cold nights and warm days.

Pack as light as possible -- remember no one else is going to carry your pack for you!

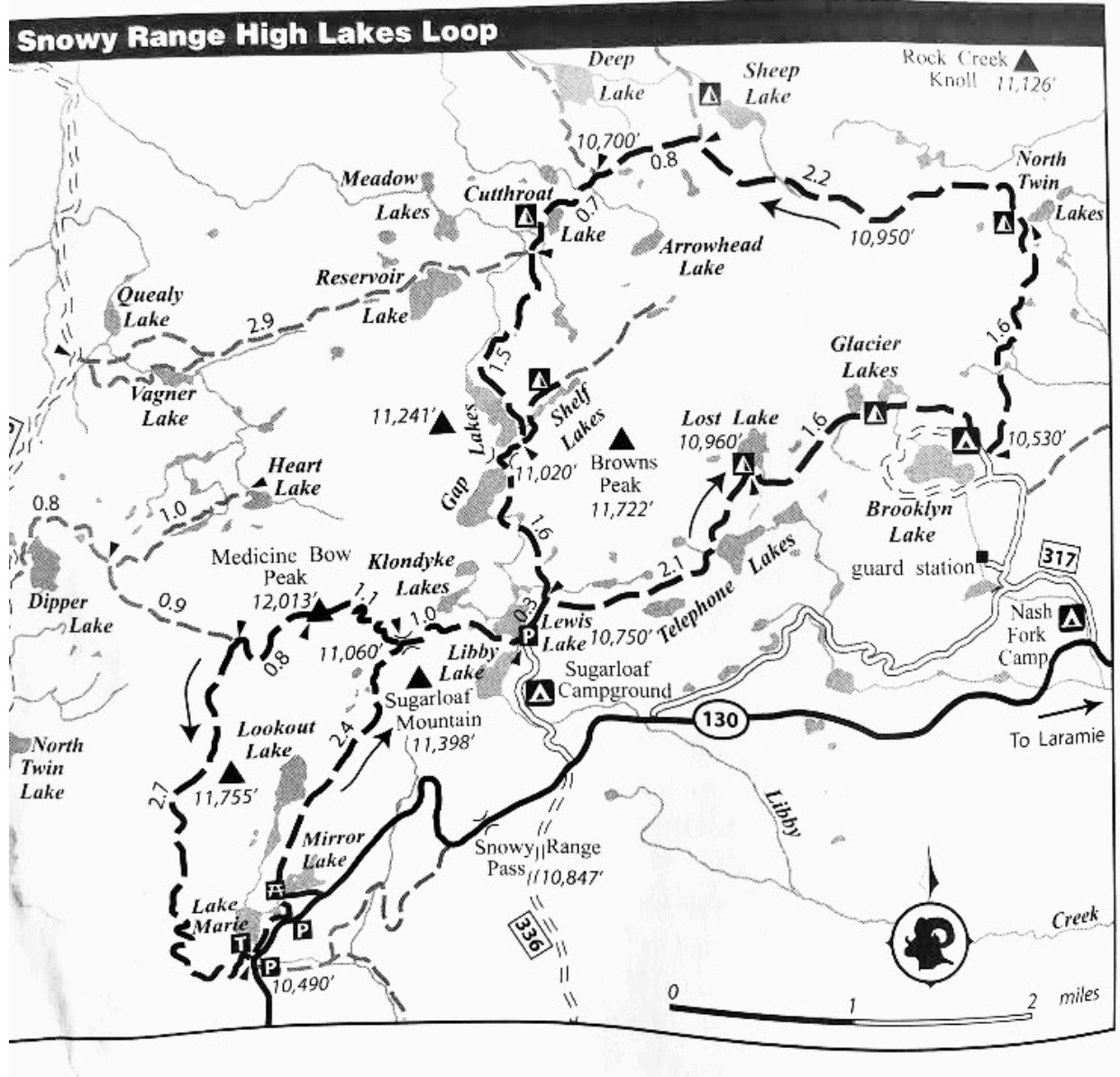
Packing List:

- Tent
- Backpacking camp Stove (shared from outdoor club)
- Backpack (to carry all of your gear)
- Portable water purifier (if you have it - shared from outdoor club)
- Warm sleeping bag (night time temps around 32)
- Sleeping mat
- Water bottles (2 large reusable --not disposable)
- Mess kit/utensils (minimum is pot, cup & spoon. Cup should be big enough to make ramen or oatmeal in)
- Hats (sun hat and warm hat)
- Mittens
- WARM jacket preferably waterproof
- Long johns
- Warm layers
- Extra pair of warm socks
- Flashlight/headlamp
- Sunglasses
- Sunscreen
- Toilet Paper – a must!
- Personal stuff (deod/toothbrush/paste in small quantities)
- Swimming suit - if you are brave enough to jump in a cold alpine lake! This will be the only way to bathe.
- lightweight hand towel for after swimming/bathing (optional)

Extras:

- Camera
- Snacks you want to bring along

Snowy Range High Lakes Loop



Food to pack: (Pick up food from library Thursday at 6:30 p.m.)

Friday dinner:

sack dinner from Cafeteria

Hot coco - 1-2 packets

Sabbath breakfast:

Oatmeal (2-3 packets)

Raisins, craisins, nuts for topping

Poptarts

Orange Tang (if desired)

(hot coco if desired)

Sabbath Lunch on the Trail:

--No cooking -- pack as many snacks as needed

Trail mix

Granola bars

Fruit strips

Crackers

Cookies, etc.

Saturday dinner:

Ramen (2-3 packets)

"S'mores" - marshmallows, chocolate cookies

Hot coco if desired

Sunday breakfast:

Oatmeal (2-3 packets)

Raisins, craisins, nuts for topping

Poptarts

Orange Tang (if desired)

(hot coco if desired)